



# Aldi Shopping Grocery List Template Printable

Plan healthy meals for the week

17 Week of: \_\_\_\_\_

Serving: \_\_\_\_\_ people

## Weekly Menu

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Breakfast							
Lunch							
Dinner							
Snacks							

## Grocery List

- |                                |                                |
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## Meal Prep Tasks

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Notes